

small moments

IN THE WRITING WORKSHOP

A moment when I
said no when I
should have said yes

A moment when I
said yes when I
should have said no

A moment when I
stayed when I
should have left

A moment when I
left when I should
have stayed

A moment when I
played big when I
should have played
small

A moment when I
played small when I
should have played
big

A moment when I
spoke up when I
should have
remained silent

A moment when I
remained silent
when I should have
spoken up

A moment when
I agreed

A moment when
I disagreed

A moment when I
risked something

A moment when I
played it safe

A moment when I
let my heart lead

A moment when I
let my mind lead

A moment when I
assigned blame

A moment when I
accepted blame

A moment when I
forgave someone

A moment when I
was forgiven

A moment when I
leaned into my fear

A moment when
fear made me turn
away